

September 2021

Fresh Fruit & Vegetable Program



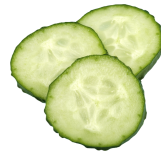
Monday

Apple Slices



Tuesday

Cucumbers



Wednesday

Watermelon



Thursday

Jicama



Friday

Oranges



Strawberries



Baby Carrots



Plums



Celery Sticks



Cantaloupe



The Goal of the Fresh Fruit & Vegetable Program (FFVP) is to:

- Expose children to a variety of fruit and vegetables.
- Expand children consumption of fruits and vegetables.
- Educate children about the health benefits of fresh fruits & vegetables

Teachers may participate in the Fresh Fruit & Vegetable Program (FFVP) only if:

- Assist in serving fruits/vegetables and model healthy eating habits.
- Use the opportunity to talk to students about nutrition, health, hygiene, & manners.

October 2021

Fresh Fruit & Vegetable Program



Monday

Kiwi



Tuesday

Rainbow Carrots



Wednesday

Pineapple



Thursday

Edamame



Friday

Blackberries



Honeydew



Sweet Potato Sticks



Raspberries



Cherry Tomatoes



Pears



Apple Slices



Cucumbers



Watermelon



Jicama



Oranges



Strawberries



Baby Carrots



Plums



Celery Sticks



Blood Oranges

